

## Working together to enhance health in care homes



### New partnership aims to hit dementia for six

As the cricket season is poised for launch, we are delighted to be working with the county champions Yorkshire to explore how talking about bygone sporting days can help people living in our care homes with dementia.

We are looking to work with a number of former players as well as the Yorkshire Cricket Club Foundation and the charity Sporting Memories to bring this initiative into our vanguard.

The reminiscence sessions will add an extra dimension to the work of our vanguard but more specifically to our “Health As A Social Movement” pilot project within it.

It aims to help connect people by sharing memories of watching or playing sports. Even a simple image has been found to spark conversations and new friendships.

We will keep you all updated through **TELEgraph** as we turn the idea into reality. ■